Population mental health and public health practitioners: what are the needs?

March 25, TOPHC, Panel Workshop, Toronto

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Disclosure of Commercial Support

Presenter Disclosure

Presenter: Pascale, **Mantoura; Chris, Mackie; Jessica, Patterson; Tamar, Meyer; Heather, Manson.**

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National Collaborating Centre for Healthy Public Policy (NCCHPP)

Our mandate
- Support public health actors in their efforts to promote healthy public policies.

Our areas of expertise
- The effects of public policies on health
- Generating and using knowledge about policies
- Intersectoral actors and mechanisms
- Strategies to influence policy making

The National Collaborating Centres for Public Health

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Outline of the Presentation

- Introduction
- All health is mental health
- Population mental health: Key elements
- Public health practitioners' needs for population mental health
- Perspectives from panellists
- Q&A: what is your experience as a PH practitioner?
- End of session & Evaluation

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Mental Health and Public Health...

Mental Health: A Public Health Question

- Heavy burden of mental health problems.

- Mental health is a resource for life and health.

- Mental health and physical health are thoroughly intertwined and inseparable: Holistic conception of health.
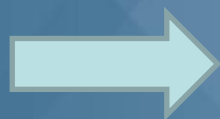
→ Population mental health

Population Mental Health
Key dimensions

- Mental Health and illness are on two separate continuums.

- PMH involves promoting mental health for everyone, including those who are at risk or are mentally ill.

- Promoting mental health involves action on determinants of health at all levels and across the lifespan.

- Public health practitioners at many levels are concerned by these interventions.

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NCCPH Population Mental Health Project

– An environmental scan

– Two briefing notes

– Webinars

– Needs assessment

  • Workshops

  • "Survey"

To explore public health's practitioners' needs vis-à-vis population mental health.

Method

- Collaborative production by NCCPH
- Available from June to October 15 2014 on NCCHPP website
- 453 public health practitioners participated in the survey
  - 335 English respondents
  - 118 French respondents

Training
•Topics
•Targets

Communities
of Practice

Mandates
Roles/Responsibilities
Institutional Support

Guidance
Frameworks
(Links-
concepts-
Differences)

Collaborations

MH literacy

Key
messages

Support
PHC/CB
practices

Best Practice
Resources
•Topics
•Targets

Flexible
Language

Measurement
/Indicators

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Perspectives from panellists...

Survey Results for TOPHC Participants...

Do you consider that your public health practice has links with the mental health of the population?

Response	Chart	Percentage	Count
Yes		80.0%	20
No		20.0%	5
		Total Responses	**25**

Knowledge of links with SDH

PHC- clinical services

Knowledge of links with physical health and inequalities

Workplace wellness

Healthy community design and links with MH (healthy lifestyle , social connectivity)

Promotion & Prevention School, ECD

Mental Heath promotion programming

National standard for psych. health and safety in workplace

Reproductive and child health (PPMD and child mental health)

Addiction, substance misuse

What would be your primary need to enhance your practice in PMH?

Response	Chart	Percentage	Count
Individual		24.0%	6
Organizational		64.0%	16
Policy-level		64.0%	16
		Total Responses	**25**

Better understanding of PH role in MH-Promotion

Build the case, Organizational MH literacy , support from decision makers (management) to include interventions for mental health

Framing meaningful messages

Build the case for workplace policies favourable to MH

Establish collaborations frontline (Community partners)

Support holistic understanding of health

Training in PHC (counselling for mental health, and intervention resources)

HPP FMH

MH in OPHS

What's next

THANK YOU...

.…and don't forget the evaluations please!

"(…) you folks are best positioned to be champions for this work. You don't have to necessarily pay for it; you don't necessarily have do it all yourselves; you just need to be the champions out there saying this is about the health and well being of the entire population. Being in public health we have a vested interest in that. So therefore, we need to mobilize the troops around this one (…)".

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